

Gluten Free Thursday: Rice Cake With Dried Cranberries, Lingonberries And Cointreau

Ingredients:

Difficulty: Medium

(makes 1 cake in a springform pan which is 24cm in diameter)

1.5 lt. milk
1 vanilla pod, scraped inside, but keep the pod too
200 gr. granulated white sugar
300 gr. risotto rice
lemon peel, 3 pieces
5 egg yolks
2 tbsp Cointreau
5 egg whites
30 gr. dried cranberries
30 gr. dried lingonberries
zest of 1 orange

To serve:

powdered sugar to spread on top
orange zest
fresh mint leaves and/or fruits of your choice

Instructions:

1. Preheat the oven to 180C. Prepare a 24cm springform pan with some butter and baking paper inside.
2. Put milk in a medium pan, on medium high heat.
3. When it starts to bubble a little, add vanilla, together with the pod.
4. Add sugar and stir.
5. Add rice and lemon peel and stir. When it starts to boil away too much, turn the heat down to low. After that, cook the rice for about 30 minutes by frequently stirring, do not let the rice stick to the bottom of the pan.
6. When rice is cooked, strain and transfer to another bowl to cool down. Take away lemon peels and vanilla pod.
7. In a small bowl, beat the egg yolks slightly. Add Cointreau and beat a little more. Put aside.

8. In a mixing bowl, put egg whites and beat them until you get stiff peaks. It should take about 5 minutes on medium to high speed. Make sure that your mixing bowl and all other mixer tools are perfectly clean with no grease, before you put the egg whites.
9. When rice cools down, add cranberries and lingonberries (or raisins, if you want to stick to original recipe), orange zest and egg yolk mixture and mix them well.
10. Add beaten egg whites and fold gently.
11. Transfer the mixture to baking pan and bake for 60 minutes.
12. When the cake is baked, take out of the oven and cool down for about 10-15 minutes before taking it out of the pan. Decorate with powdered sugar, more orange zest and fresh mint leaves or fruits you like. Enjoy with tea / coffee and with your loved ones!